

**Adrian Harewood** is the host of Ottawa's favourite afternoon program All In A Day, heard weekday afternoons from 3:00 to 6:00 p.m. on CBC Radio One (91.5 in Ottawa).

Adrian attended elementary and high school at Ashbury College, and was involved in community radio at CKCU (Carleton University) and CHUO (University of Ottawa) in the mid-90s. The Ottawa-born Harewood's passion for radio continued when he moved to Montreal. He was station manager of campus/community radio station CKUT - Radio McGill - after studying Political Theory and History at McGill University.

Adrian has hosted many national programs on CBC Radio and CBC Television including As it Happens, Sounds Like Canada, The Current and counterSpin, as well as Toronto shows Metro Morning, Ontario Morning, and Here and Now. He was also the host of The Actors, The Directors and Literati as seen on BRAVO and PBS.

Adrian has a keen interest in community involvement, volunteering his time in both Montreal and Toronto. He is a past Board Member of Central Neighbourhood House in Toronto, and was on the Board of Head and Hands, helping to provide youth services in Montreal. Adrian was also a Youth Program Worker providing counseling for at-risk students in six Toronto high schools.